

**small
things
BIG
DIFFERENCE**

Do not despise these small beginnings because the Lord rejoices to see the work begin.

It's often the small things that no one sees that result in the big things that everyone wants.

Your life will always move in the direction of your strongest thoughts.

If you want change the life you have, you need to change the words you speak.

Why????

Because , our thoughts influence our words, our words influence our actions, our actions become our habits and our habits create our destiny!

Discipline is choosing between what you want now and what you want most.

What do you want most?

Key Questions:

- Where in life are you most lacking in discipline? How has that affected you?
- What's the one thing you want most?
- What do you need to do now to have what you want most?

Optional Questions: If needed, include one or more of these scriptures and questions to extend your conversation.

- With your Bible or Bible App, read and discuss Romans 7:15-25 and 1 Corinthians 9:24-27.
- What are some of your keystone habits? Which keystone habits might you need to start?
- What things might hinder you from being disciplined? What do you need to do to address these distractions?
- How could your one word, one thought, or one statement help you to become more disciplined?
- Jay said that you are what you repeatedly do. How have you experienced the truth of this statement?

Next Steps:

- What's your first step to do the one thing you need to do now to have what you want most?

