



A BETTER WAY—5
WHEN YOU'VE GIVEN UP ON PRAYER

- **Some of us lack focus.**
- **Some of us lack confidence.**
- **Some of us lack faith.**

- **Prayer isn't just an action you do.**
- **Prayer is a way that you live.**

“Here's what I want you to do: Find a quiet, secluded place so you won't be tempted to role-play before God. Just be there as simply and honestly as you can manage. The focus will shift from you to God, and you will begin to sense his grace.” Matthew 6:6 MSG

Don't worry about anything; instead, pray about everything.
... Philippians 4:6 NLT

Never stop praying. 1 Thessalonians 5:17 NLT

Pray continually ... 1 Thessalonians 5:17 NIV

Pray without ceasing. 1 Thessalonians 5:17 KJV

This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. ¹⁵And if we know that he hears us—whatever we ask—we know that we have what we asked of him. 1 John 5:14-15 NIV

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. ⁷And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. Philippians 4:6-7 NIV

TALK IT OVER

How easy or difficult is it for you to pray? Why do you think that is?

Consider your prayer life. Is prayer more of an action you do or a way that you live? Why?

Share about a time when you were tempted to stop praying. How did you respond to that temptation? What did you learn as a result?

